

press release

UPDATE: Cornish Teenager Reaches Lands End Completing End to End, but Dad has to Withdraw Due to Injury

You may recall the story I sent last week about Cornish teenager Joe Williams who planned to cycle John O Groats to Lands End with his Dad (with no support vehicle) after fighting back from 3 hip operations. Joe completed his gruelling journey and arrived safely at Lands End with an escort from Bristol after his Dad Jerry had to pull out after succumbing to a knee injury. As Joe is only 15, it may all have been over if Phil Walker, also of One and All Cycling hadn't stepped in to escort Joe the remainder of his journey.

Joe and Jerry Williams (son and father), both members of One and All Cycling, set out from John O Groats last Wednesday and their ride and all its ups and downs has been followed avidly on their blog. Riding to raise money for good causes "The British Legion" and "Little Hearts Matter" the most exceptional part of the story is that Joe endured 3 hip operations whilst growing up and having taken up cycling in the past year, training hard, starting to race and now completing this extraordinary challenge are all part of his demonstrating his marvellous recovery.

The pair had been doing brilliantly and keeping up with their deadlines when unfortunately Jerry started to experience real strain in his knee from an old injury. Despite trying to continue, it became obvious that Jerry would not be able to continue and they had to make a decision - hire a car to follow Joe the rest of the way or maybe even stop. Having discussed the matter with the family however, Phil Walker, partner of Joe's sister Nicky and another One and All Cycling member, agreed to go to Bristol and take over as escort to allow Joe to finish the challenge. It was a huge disappointment to both father and son and the last few hundred miles were some of the toughest for Joe without his Dad but he made it to Bike Chain Bissoe Cafe (home to One and All Cycling) Sunday morning and was greeted by a welcoming party who, after a sturdy breakfast, escorted Joe to Lands End to complete his journey. At Lands End the party was greeted with home-made cakes made by Joe's mum Julie, champagne and strawberries - the family justly proud of this special young man. The family then invited all to a BBQ at their house to celebrate.

Please see separate release sent last week for further background and information regarding the charities for which they have been raising money.

Ends

For further information or electronic/hard copies of photographs, please contact Sharon Smallworth on 01209 821628, 07564 118363 or email media@oneandallcycling.co.uk.